

Jipemoyo

7-Day Lemosho Route – Kilimanjaro Climb

7 Days, 6 Nights Days | Arusha, Tanzania

Tour Overview

Experience the Lemosho Route, one of the most beautiful and least crowded paths to the roof of Africa. This 7-day Kilimanjaro trek combines gradual acclimatization with panoramic scenery — ideal for trekkers looking for both challenge and comfort. With our professional local guides, porters paid fair wages, and eco-conscious practices, every step supports responsible tourism in Tanzania.

Daily Itinerary

Day 1: Arrival & Trek to Mti Mkubwa (Big Tree)

- **Activity:** Arrive in Tanzania (usually at Kilimanjaro International Airport or Arusha), transfer to your hotel in Moshi or Arusha, gear briefing, and overnight rest.
- **Hike:** Drive to Londorossi Gate ? start trekking through lush rainforest to Mti Mkubwa Camp (2,780–2,820?m). Distance: ~6?km; Time: 2–4?hours .

Accommodation: Mid-range hotel in Arusha (e.g., Ilboru Safari Lodge or similar) **Meals:** Dinner

Day 2: Mti Mkubwa ? Shira 1 or Shira?2

- **Route:** Ascend from montane forest into heath and moorland, crossing streams and climbing to Shira Plateau.
- **Option A:** Some itineraries stop at **Shira 1 Camp (~3,610?m)** after ~5–6?hours and ~8?km.
- **Option B:** Others continue straight to **Shira 2 Camp (~3,850–3,900?m)**; Distance: up to ~16?km; Time: 7–8?hours

Accommodation: Tent camping **Meals:** Breakfast, Lunch, Dinner

Day 3: Shira Plateau ? Lava Tower ? Barranco Camp

- **Acclimatization:** Climb high to Lava Tower (4,630?m), then descend to Barranco Camp (~3,950–3,960?m) — a perfect “climb high, sleep low” strategy.
- **Distance/Time:** ~8–10?km total; Time: ~5–8?hours

Accommodation: Tent camping **Meals:** Breakfast, Lunch, Dinner

Day 4: Barranco Wall ? Karanga Camp

- **Highlight:** Tackle the famed Barranco Wall — a dramatic yet non-technical scramble offering stunning views.
- **Details:** Continue through ridges and valleys to Karanga Camp (~4,035?m). Distance: ~5?km; Time: ~4–5?hours

Accommodation: Tent camping **Meals:** Breakfast, Lunch

Day 5: Karanga ? Barafu Camp

- **Route:** A steady ascent into alpine desert, reaching Barafu Camp (~4,640–4,673?m), the base camp for summit night.
- **Distance/Time:** ~3–4?km; Time: ~3–5?hours.

Accommodation: Tent camping **Meals:** Breakfast, Lunch, Dinner

Day 6: Summit Day — Barafu ? Uhuru Peak ? Mweka Camp

- **Summit Push:** Begin around midnight. Climb to **Stella Point (5,739?m)** then move up to **Uhuru Peak (5,895?m)** at sunrise.
- **Descent:** Return via Barafu (for lunch), then continue down to Mweka Camp (~3,100?m).
- **Distance/Time:** ~7?km ascent + 12–23?km descent; Time: 10–15?hours total

Accommodation: Tent camping **Meals:** Breakfast, Lunch

Day 7: Mweka Camp ? Mweka Gate ? Return

- **Descent:** Trek through the rainforest down to Mweka Gate (~1,640?m). Receive your summit certificate and a celebratory farewell, followed by transfer back to your hotel.
- **Distance/Time:** ~10?km; Time: ~2–4?hours .

Accommodation: Tent camping **Meals:** Breakfast, Lunch, Dinner

Inclusions & Exclusions

What's Included

- ✔ Professional mountain guides (WFR-certified)
- ✔ Assistant guides, porters, and chef
- ✔ All park fees and rescue fees
- ✔ Airport transfers (to/from Kilimanjaro Airport)
- ✔ 2 nights hotel accommodation in Arusha (B&B)
- ✔ Tented accommodation on the mountain
- ✔ All meals during the trek
- ✔ Treated and filtered drinking water
- ✔ Portable toilet and private toilet tent
- ✔ Oxygen cylinder and oximeter
- ✔ Emergency evacuation plan
- ✔ Fair wages and insurance for porters and staff
- ✔ Briefing and equipment check before departure

What's Not Included

- ✘ International or domestic flights
- ✘ Tanzanian visa fees
- ✘ Travel insurance
- ✘ Personal trekking gear (clothing, sleeping bag)
- ✘ Tips for guides and crew
- ✘ Additional hotel nights (if needed)
- ✘ Alcoholic and soft drinks
- ✘ Personal expenses and souvenirs
- ✘ Optional activities before or after the trek

Tour Gallery

